

Monroe City R-1 School District

MS HS LUNCH

Mar 22, 2017

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SALAD, VEGE. TRAYS & FRESH FRUIT OFFERED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 27 pub steak burger chicken patty LETTUCE & TOMATO FRENCH FRIES broccoli H.S./cheese fresh fruit PEARS MILK - Variety	Mar - 28 chicken nuggets hamburger INSTANT MASHED P gravy Bread/ Butter corn apple slices fresh fruit MILK - Variety	Mar - 29 bbq rib corndog COLE SLAW green beans mandarin orange slices fresh fruit MILK - Variety	Mar - 30 tacos corndog lettuce/tomato cauliflower/ch sauce pineapple chunk fresh fruit MILK - Variety	Mar - 31 PIZZA WITH CHEESE corndog SALAD, TOSSED peas peaches fresh fruit ranger cookie MILK - Variety
Apr - 3 chili cheese dog turkey sandwich peas cauliflower/ch sauce PEARS fresh fruit MILK - Variety	Apr - 4 chicken nuggets bbq rib INSTANT MASHED P Bread/ Butter CARROTS broccoli H.S./cheese peaches fresh fruit MILK - Variety	Apr - 5 Maid-Rite chicken patty FRENCH FRIES cauliflower/ch sauce corn COWBOY COOKIES fresh fruit fruit cocktail MILK - Variety	Apr - 6 cheeseburger casserol ham & cheese Bread/ Butter green beans beets pineapple chunk fresh fruit MILK - Variety	Apr - 7 bean & cheese burrito pretzel/cheese TUNA SALAD SANDW turkey sandwich veg. tray/dip mixed veg mandarin orange slices fresh fruit MILK - Variety
Apr - 10 COUNTRY FRIED ST cheeseburger INSTANT MASHED P gravy W.G. SLICED BREAD mixed veg peas pineapple chunk fresh fruit MILK - Variety	Apr - 11 chicken patty bbq rib CARROTS broccoli H.S./cheese fruit cocktail fresh fruit MILK - Variety	Apr - 12 Turkey Medallions MASHED POTATOES Bread/ Butter green beans apple slices CHOCOLATE CAKE fresh fruit MILK - Variety	Apr - 13 NO LUNCH SPRING BREAK	Apr - 14 NO SCHOOL TODAY SPRING BREAK HOLIDAY
Apr - 17 NO SCHOOL TODAY SPRING BREAK	Apr - 18 SALISBURY STEAK chicken patty INSTANT MASHED P BROWN GRAVY Bread/ Butter corn california blend PEARS fresh fruit MILK - Variety	Apr - 19 corndog turkey sandwich green beans baked beans PINEAPPLE CHUNKS fresh fruit MILK - Variety	Apr - 20 Tator Tot Casserole turkey sandwich Bread/ Butter peas beets fresh fruit peaches MILK - Variety	Apr - 21 crisпитos HAMBURGER ON W SPANISH RICE MEXICALI CORN mandarin orange slices fresh fruit MILK - Variety

"This Institution is an equal opportunity provider".

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.