

Monroe City R-1 School District

MS HS BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 27 pizza cinn. biscuit cereal variety/ toast yogurt fruit juice fresh fruit milk, 1o/o, skim choc, ski	Mar - 28 waffle/sausage patty cereal variety/ toast cinn. biscuit yogurt fresh fruit fruit juice MILK - Variety	Mar - 29 breakfast sandwich cinn. biscuit cereal variety/ toast yogurt fruit juice fresh fruit milk, 1o/o, skim choc, ski	Mar - 30 biscuits/gravy cinn. biscuit cereal variety/ toast yogurt fruit juice fresh fruit milk, 1o/o, skim choc, ski	Mar - 31 SCRAMBLED EGGS toast CINNAMON ROLLS cereal variety/ toast bagel fresh fruit yogurt fruit juice MILK - Variety
Apr - 3 pizza cinn. biscuit cereal variety/ toast yogurt fruit juice fresh fruit milk, 1o/o, skim choc, ski	Apr - 4 pancakes & sausage cinn. biscuit cereal variety/ toast yogurt fruit juice fresh fruit milk, 1o/o, skim choc, ski	Apr - 5 breakfast sandwich cinn. biscuit cereal variety/ toast yogurt fruit juice fresh fruit milk, 1o/o, skim choc, ski	Apr - 6 biscuits/gravy cinn. biscuit cereal variety/ toast yogurt fruit juice fresh fruit milk, 1o/o, skim choc, ski	Apr - 7 SCRAMBLED EGGS toast CINNAMON ROLLS cereal variety/ toast bagel fresh fruit yogurt fruit juice MILK - Variety
Apr - 10 pizza cinn. biscuit cereal variety/ toast bagel yogurt fruit juice fresh fruit milk, 1o/o, skim choc, ski	Apr - 11 waffle/sausage patty cereal variety/ toast cinn. biscuit yogurt fresh fruit fruit juice MILK - Variety	Apr - 12 breakfast sandwich cinn. biscuit cereal variety/ toast yogurt fruit juice fresh fruit milk, 1o/o, skim choc, ski	Apr - 13 biscuits/gravy cinn. biscuit cereal variety/ toast yogurt fruit juice fresh fruit milk, 1o/o, skim choc, ski	Apr - 14 SPRING BREAK NO SCHOOL TODAY
Apr - 17 SPRING BREAK NO SCHOOL TODAY	Apr - 18 french toast sticks sausage patty cinn. biscuit cereal variety/ toast yogurt fruit juice fresh fruit milk, 1o/o, skim choc, ski	Apr - 19 breakfast sandwich cinn. biscuit cereal variety/ toast yogurt fruit juice fresh fruit milk, 1o/o, skim choc, ski	Apr - 20 biscuits/gravy cinn. biscuit cereal variety/ toast yogurt fruit juice fresh fruit milk, 1o/o, skim choc, ski	Apr - 21 flapstick cinn. biscuit cereal variety/ toast yogurt bagel fruit juice fresh fruit MILK - Variety

"This Institution is an equal opportunity provider".

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.
 * - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.