

Monroe City R-1 School District

MS HS BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 24 pizza cinn. biscuit cereal variety/ toast yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	Apr - 25 waffle/sausage patty cereal variety/ toast cinn. biscuit yogurt fresh fruit fruit juice MILK - Variety	Apr - 26 breakfast sandwich cinn. biscuit cereal variety/ toast yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	Apr - 27 biscuits/gravy cinn. biscuit cereal variety/ toast yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	Apr - 28 SCRAMBLED EGGS toast CINNAMON ROLLS cereal variety/ toast bagel fresh fruit yogurt fruit juice MILK - Variety
May - 1 pizza cinn. biscuit cereal variety/ toast yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	May - 2 pancakes & sausage cinn. biscuit cereal variety/ toast yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	May - 3 breakfast sandwich cinn. biscuit cereal variety/ toast yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	May - 4 biscuits/gravy cinn. biscuit cereal variety/ toast yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	May - 5 flapstick cinn. biscuit cereal variety/ toast yogurt bagel fruit juice fresh fruit MILK - Variety
May - 8 pizza cinn. biscuit cereal variety/ toast bagel yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	May - 9 french toast sticks sausage patty cinn. biscuit cereal variety/ toast yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	May - 10 breakfast sandwich cinn. biscuit cereal variety/ toast yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	May - 11 biscuits/gravy cinn. biscuit cereal variety/ toast yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	May - 12 SCRAMBLED EGGS toast CINNAMON ROLLS cereal variety/ toast bagel fresh fruit yogurt fruit juice MILK - Variety
May - 15 pizza cinn. biscuit cereal variety/ toast yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	May - 16 waffle/sausage patty cereal variety/ toast cinn. biscuit yogurt fresh fruit fruit juice MILK - Variety	May - 17 breakfast sandwich cinn. biscuit cereal variety/ toast yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	May - 18 biscuits/gravy cinn. biscuit cereal variety/ toast yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	May - 19 COOKS CHOICE

"This Institution is an equal opportunity provider".

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.