

Monroe City R-1 School District

MS HS LUNCH

Aug 28, 2017

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SALAD, VEGE. TRAYS & FRESH FRUIT OFFERED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 4 HOLIDAY NO SCHOOL TODAY	Sep - 5 teriyaki chicken/rice bbq rib beets mixed veg peaches fresh fruit MILK - Variety	Sep - 6 grilled chicken pattie HAMBURGER ON W LETTUCE & TOMATO CARROTS broccoli H.S./cheese mandarin orange slices fresh fruit OATMEAL COOKIES MILK - Variety	Sep - 7 chicken wrap lettuce/tomato chicken patty peas corn PEARS fresh fruit MILK - Variety	Sep - 8 PIZZA WITH CHEESE chicken patty mixed veg veg. tray/dip peaches fresh fruit MILK - Variety
Sep - 11 pub steak burger corndog LETTUCE & TOMATO broccoli H.S./cheese carrots fresh fruit PEARS MILK - Variety	Sep - 12 chicken nuggets hamburger INSTANT MASHED P gravy Bread/ Butter corn peaches fresh fruit MILK - Variety	Sep - 13 corndog turkey sandwich FRENCH FRIES peas cauliflower/ch sauce fruit cocktail fresh fruit CHOCOLATE CHIP C MILK - Variety	Sep - 14 spaghetti/meatsauce cheeseburger BREAD STICK SALAD, TOSSED mixed veg tropical fruit fresh fruit MILK - Variety	Sep - 15 Tator Tot Casserole turkey sandwich Bread/ Butter peas beets pineapple chunk fresh fruit OATMEAL COOKIES MILK - Variety
Sep - 18 COUNTRY FRIED ST cheeseburger INSTANT MASHED P gravy W.G. SLICED BREAD mixed veg peas pineapple chunk fresh fruit MILK - Variety	Sep - 19 CHCKN STRP BSKT corndog beets carrots fruit cocktail fresh fruit MILK - Variety	Sep - 20 Tenderloin HAMBURGER ON W green beans mandarin orange slices fresh fruit COWBOY COOKIES MILK - Variety	Sep - 21 tacos lettuce/tomato chicken patty MEXICALI CORN california blend PEARS fresh fruit MILK - Variety	Sep - 22 bbq rib corndog COLE SLAW baked beans peaches ranger cookie fresh fruit MILK - Variety
Sep - 25 SALISBURY STEAK chicken patty INSTANT MASHED P BROWN GRAVY Bread/ Butter corn california blend apple slices fresh fruit MILK - Variety	Sep - 26 chicken patty bbq rib FRENCH FRIES CARROTS broccoli H.S./cheese fruit cocktail fresh fruit MILK - Variety	Sep - 27 cheeseburger turkey sandwich FRENCH FRIES green beans mixed veg SUGAR COOKIES peaches fresh fruit MILK - Variety	Sep - 28 pasta bake HS turkey sandwich green beans cauliflower HS garlic bread pears fresh fruit MILK - Variety	Sep - 29 PIZZA WITH CHEESE ham & cheese peas veg. tray/dip fruit cocktail fresh fruit ranger cookie MILK - Variety

"This Institution is an equal opportunity provider".

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.