

# Monroe City R-1 School District

## ELEMENTARY BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 4 HOLIDAY NO SCHOOL TODAY	Sep - 5 pop tart cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Sep - 6 pizza breakfast g.s. cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc	Sep - 7 french toast sticks sausage patty cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc	Sep - 8 Biscuit & Sausage Gra cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc
Sep - 11 oatmeal cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc	Sep - 12 SCRAMBLED EGGS toast cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc	Sep - 13 pizza breakfast g.s. cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc	Sep - 14 waffle/sausage patty cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit MILK - Variety	Sep - 15 Biscuit & Sausage Gra cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc
Sep - 18 oatmeal cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc	Sep - 19 sausage/cheese biscui cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc	Sep - 20 pizza breakfast g.s. cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc	Sep - 21 french toast sticks sausage patty cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc	Sep - 22 Biscuit & Sausage Gra cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc
Sep - 25 oatmeal cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc	Sep - 26 pop tart cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Sep - 27 pizza breakfast g.s. cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc	Sep - 28 pancake & sausage pa cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit MILK - Variety	Sep - 29 Biscuit & Sausage Gra cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc

"This Institution is an equal opportunity provider".

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**