

Monroe City R-1 School District

MS HS BREAKFAST

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Aug 28, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 4 HOLIDAY NO SCHOOL TODAY	Sep - 5 french toast sticks sausage patty cinn. biscuit cereal variety/ toast yogurt fruit juice fresh fruit milk, 1o/o,skim choc,ski	Sep - 6 breakfast sandwich cinn. biscuit cereal variety/ toast yogurt fruit juice fresh fruit milk, 1o/o,skim choc,ski	Sep - 7 biscuits/gravy cinn. biscuit cereal variety/ toast yogurt fruit juice fresh fruit milk, 1o/o,skim choc,ski	Sep - 8 SCRAMBLED EGGS toast CINNAMON ROLLS cereal variety/ toast bagel fresh fruit yogurt fruit juice MILK - Variety
Sep - 11 pizza cinn. biscuit cereal variety/ toast muffins bagel yogurt fruit juice fresh fruit milk, 1o/o,skim choc,ski	Sep - 12 pancakes & sausage cinn. biscuit bagel cereal variety/ toast yogurt fruit juice fresh fruit milk, 1o/o,skim choc,ski	Sep - 13 breakfast sandwich cinn. biscuit cereal variety/ toast muffins bagel yogurt fruit juice fresh fruit milk, 1o/o,skim choc,ski	Sep - 14 biscuits/gravy cinn. biscuit cereal variety/ toast muffins bagel yogurt fruit juice fresh fruit milk, 1o/o,skim choc,ski	Sep - 15 flapstick cinn. biscuit cereal variety/ toast muffins yogurt bagel fruit juice fresh fruit MILK - Variety
Sep - 18 pizza cinn. biscuit muffins cereal variety/ toast bagel yogurt fruit juice fresh fruit milk, 1o/o,skim choc,ski	Sep - 19 waffle/sausage patty cereal variety/ toast muffins bagel cinn. biscuit yogurt fresh fruit fruit juice MILK - Variety	Sep - 20 breakfast sandwich cinn. biscuit cereal variety/ toast muffins bagel yogurt fruit juice fresh fruit milk, 1o/o,skim choc,ski	Sep - 21 biscuits/gravy cinn. biscuit cereal variety/ toast muffins bagel yogurt fruit juice fresh fruit milk, 1o/o,skim choc,ski	Sep - 22 SCRAMBLED EGGS toast CINNAMON ROLLS cereal variety/ toast muffins bagel fresh fruit yogurt fruit juice MILK - Variety
Sep - 25 pizza cinn. biscuit cereal variety/ toast muffins bagel yogurt fruit juice fresh fruit milk, 1o/o,skim choc,ski	Sep - 26 french toast sticks sausage patty cinn. biscuit muffins bagel cereal variety/ toast yogurt fruit juice fresh fruit milk, 1o/o,skim choc,ski	Sep - 27 breakfast sandwich cinn. biscuit cereal variety/ toast muffins bagel yogurt fruit juice fresh fruit milk, 1o/o,skim choc,ski	Sep - 28 biscuits/gravy cinn. biscuit cereal variety/ toast bagel yogurt fruit juice fresh fruit milk, 1o/o,skim choc,ski	Sep - 29 flapstick cinn. biscuit cereal variety/ toast yogurt bagel fruit juice fresh fruit MILK - Variety

"This Institution is an equal opportunity provider".

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.