

Monroe City R-1 School District

MS HS LUNCH

Oct 25, 2017

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SALAD, VEGE. TRAYS & FRESH FRUIT OFFERED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 30 cheeseburger chicken patty LETTUCE & TOMATO FRENCH FRIES corn cauliflower/ch sauce PEARS OATMEAL COOKIES fresh fruit MILK - Variety	Oct - 31 Chicken breaststrips ham & cheese INSTANT MASHED P gravy Bread/ Butter beets mixed veg peaches fresh fruit MILK - Variety	Nov - 1 bbq rib corndog COLE SLAW green beans baked beans peaches ranger cookie fresh fruit MILK - Variety	Nov - 2 chili turkey sandwich CRACKERS cheese stick corn tropical fruit fresh fruit MILK - Variety	Nov - 3 crisпитos HAMBURGER ON W SPANISH RICE mandarin orange slices fresh fruit OATMEAL COOKIES MILK - Variety
Nov - 6 COUNTRY FRIED ST cheeseburger INSTANT MASHED P gravy W.G. SLICED BREAD mixed veg peas pineapple chunk fresh fruit MILK - Variety	Nov - 7 chicken nuggets hamburger INSTANT MASHED P gravy Bread/ Butter corn peaches fresh fruit MILK - Variety	Nov - 8 hot ham & cheese HAMBURGER ON W green beans mandarin orange slices fresh fruit MILK - Variety	Nov - 9 SUPER BEEF NACHO turkey sandwich lettuce/tomato BLK BEANS N RICE tropical fruit fresh fruit MILK - Variety	Nov - 10 PIZZA WITH CHEESE chicken patty mixed veg veg. tray/dip fruit cocktail fresh fruit MILK - Variety
Nov - 13 SALISBURY STEAK chicken patty INSTANT MASHED P BROWN GRAVY Bread/ Butter mixed veg california blend peaches fresh fruit MILK - Variety	Nov - 14 chicken patty bbq rib FRENCH FRIES CARROTS broccoli H.S./cheese fruit cocktail fresh fruit MILK - Variety	Nov - 15 corndog bbq rib FRENCH FRIES green beans corn mandarin orange slices fresh fruit MILK - Variety	Nov - 16 chicken & noodles cheeseburger INSTANT MASHED P Bread/ Butter peas carrots Cherry Crisp fresh fruit MILK - Variety	Nov - 17 turkey cheddar melt ham & cheese POTATO CHIPS BAK california blend PEARS fresh fruit MILK - Variety
Nov - 20 Tenderloin HAMBURGER ON W green beans mandarin orange slices fresh fruit MILK - Variety	Nov - 21 staff development/no s	Nov - 22 NO SCHOOL TODAY	Nov - 23 NO SCHOOL TODAY	Nov - 24 NO SCHOOL TODAY

"This Institution is an equal opportunity provider".

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.