

Monroe City R-1 School District

ELEMENTARY BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 2 oatmeal cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc	Oct - 3 SCRAMBLED EGGS toast cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc	Oct - 4 pizza breakfast g.s. cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc	Oct - 5 french toast sticks sausage patty cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc	Oct - 6 Biscuit & Sausage Gra cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc
Oct - 9 oatmeal cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc	Oct - 10 pop tart cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Oct - 11 pizza breakfast g.s. cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc	Oct - 12 waffle/sausage patty cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit MILK - Variety	Oct - 13 Biscuit & Sausage Gra cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc
Oct - 16 oatmeal cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc	Oct - 17 SCRAMBLED EGGS toast cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc	Oct - 18 muffins cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Oct - 19 NO SCHOOL TODAY staff development/no s	Oct - 20 NO SCHOOL TODAY
Oct - 23 oatmeal cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc	Oct - 24 sausage/cheese biscui cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc	Oct - 25 pizza breakfast g.s. cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc	Oct - 26 french toast sticks sausage patty cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc	Oct - 27 Biscuit & Sausage Gra cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc

"This Institution is an equal opportunity provider".

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.