

Monroe City R-1 School District ELEMENTARY BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 30 oatmeal cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc	Oct - 31 pop tart cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Nov - 1 pizza breakfast g.s. cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc	Nov - 2 waffle/sausage patty cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit MILK - Variety	Nov - 3 Biscuit & Sausage Gra cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc
Nov - 6 oatmeal cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc	Nov - 7 SCRAMBLED EGGS toast cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc	Nov - 8 pizza breakfast g.s. cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc	Nov - 9 french toast sticks sausage patty cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc	Nov - 10 Biscuit & Sausage Gra cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc
Nov - 13 oatmeal cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc	Nov - 14 SCRAMBLED EGGS toast cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc	Nov - 15 muffins cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Nov - 16 waffle/sausage patty cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit MILK - Variety	Nov - 17 Biscuit & Sausage Gra cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc
Nov - 20 oatmeal cereal variety/ toast FRUIT JUICE,ASSOR fresh fruit milk1%,skim,skim choc	Nov - 21 NO SCHOOL TODAY staff development/no s	Nov - 22 NO SCHOOL TODAY	Nov - 23 NO SCHOOL TODAY	Nov - 24 NO SCHOOL TODAY

"This Institution is an equal opportunity provider".

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.