

Monroe City R-1 School District

MS HS BREAKFAST

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Oct 25, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 30 pizza cinn. biscuit muffins cereal variety/ toast bagel yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	Oct - 31 french toast sticks sausage patty cinn. biscuit muffins bagel cereal variety/ toast yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	Nov - 1 breakfast sandwich cinn. biscuit cereal variety/ toast muffins bagel yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	Nov - 2 biscuits/gravy cinn. biscuit cereal variety/ toast muffins bagel yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	Nov - 3 SCRAMBLED EGGS toast CINNAMON ROLLS cereal variety/ toast muffins bagel fresh fruit yogurt fruit juice MILK - Variety
Nov - 6 pizza cinn. biscuit cereal variety/ toast muffins bagel yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	Nov - 7 waffle/sausage patty cereal variety/ toast muffins bagel cinn. biscuit yogurt fruit juice fresh fruit MILK - Variety	Nov - 8 breakfast sandwich cinn. biscuit cereal variety/ toast yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	Nov - 9 biscuits/gravy cinn. biscuit cereal variety/ toast yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	Nov - 10 SCRAMBLED EGGS toast CINNAMON ROLLS cereal variety/ toast bagel fresh fruit yogurt fruit juice MILK - Variety
Nov - 13 pizza cinn. biscuit muffins cereal variety/ toast bagel yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	Nov - 14 pancakes & sausage cinn. biscuit bagel cereal variety/ toast yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	Nov - 15 breakfast sandwich cinn. biscuit cereal variety/ toast muffins bagel yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	Nov - 16 biscuits/gravy cinn. biscuit cereal variety/ toast muffins bagel yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	Nov - 17 SCRAMBLED EGGS toast CINNAMON ROLLS cereal variety/ toast bagel fresh fruit yogurt fruit juice MILK - Variety
Nov - 20 pizza cinn. biscuit cereal variety/ toast muffins bagel yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	Nov - 21 staff development/no s	Nov - 22 NO SCHOOL TODAY	Nov - 23 NO SCHOOL TODAY	Nov - 24 NO SCHOOL TODAY

"This Institution is an equal opportunity provider".

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.