

Monroe City R-1 School District

MS HS LUNCH

Nov 20, 2017

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SALAD, VEGE. TRAYS & FRESH FRUIT OFFERED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 20 Tenderloin HAMBURGER ON W green beans mandarin orange slices fresh fruit MILK - Variety	Nov - 21 staff development/no s	Nov - 22 NO SCHOOL TODAY	Nov - 23 NO SCHOOL TODAY	Nov - 24 NO SCHOOL TODAY
Nov - 27 cheeseburger chicken patty LETTUCE & TOMATO FRENCH FRIES corn broccoli'n'Cheese PEARS OATMEAL COOKIES fresh fruit MILK - Variety	Nov - 28 teriyaki chicken/rice cheeseburger peas carrots peaches fresh fruit MILK - Variety	Nov - 29 bbq rib chicken patty COLE SLAW green beans baked beans pineapple chunk fresh fruit MILK - Variety	Nov - 30 chili turkey sandwich CRACKERS cheese stick corn cinnamon rolls tropical fruit fresh fruit MILK - Variety	Dec - 1 crisritos HAMBURGER ON W SPANISH RICE mandarin orange slices fresh fruit COWBOY COOKIES MILK - Variety

"This Institution is an equal opportunity provider".

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.