

Monroe City R-1 School District

MS HS LUNCH

Dec 19, 2017

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SALAD, VEGE. TRAYS & FRESH FRUIT OFFERED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 1 HOLIDAY NO SCHOOL TODAY	Jan - 2 CHRISTMAS BREAK NO SCHOOL TODAY	Jan - 3 CHRISTMAS BREAK NO SCHOOL TODAY	Jan - 4 cheeseburger chicken patty LETTUCE & TOMATO FRENCH FRIES corn broccoli'n'Cheese PEARS fresh fruit MILK - Variety	Jan - 5 PIZZA WITH CHEESE chicken patty mixed veg SALAD, TOSSED apple slices fresh fruit MILK - Variety
Jan - 8 SALISBURY STEAK chicken patty INSTANT MASHED P BROWN GRAVY Bread/ Butter corn california blend peaches fresh fruit MILK - Variety	Jan - 9 chicken patty bbq rib FRENCH FRIES CARROTS broccoli H.S./cheese PEARS fresh fruit MILK - Variety	Jan - 10 corndog turkey sandwich green beans broccoli'n'Cheese fruit cocktail fresh fruit COWBOY COOKIES MILK - Variety	Jan - 11 Tator Tot Casserole turkey sandwich Bread/ Butter peas beets pineapple chunk fresh fruit MILK - Variety	Jan - 12 turkey cheddar melt ham & cheese POTATO CHIPS BAK california blend mandarin orange slices fresh fruit MILK - Variety
Jan - 15 HOLIDAY NO SCHOOL TODAY	Jan - 16 chicken nuggets hamburger INSTANT MASHED P gravy Bread/ Butter corn peaches fresh fruit MILK - Variety	Jan - 17 hot ham & cheese HAMBURGER ON W green beans mandarin orange slices fresh fruit MILK - Variety	Jan - 18 chicken & noodles cheeseburger INSTANT MASHED P Bread/ Butter peas carrots apple slices fresh fruit MILK - Variety	Jan - 19 crisпитos HAMBURGER ON W SPANISH RICE PEARS fresh fruit OATMEAL COOKIES MILK - Variety
Jan - 22 COUNTRY FRIED ST cheeseburger INSTANT MASHED P gravy W.G. SLICED BREAD mixed veg peas peaches fresh fruit MILK - Variety	Jan - 23 grilled chicken pattie HAMBURGER ON W LETTUCE & TOMATO COLE SLAW cauliflower/ch sauce CHOCOLATE CHIP C mandarin orange slices fresh fruit MILK - Variety	Jan - 24 cheeseburger chicken patty LETTUCE & TOMATO FRENCH FRIES corn broccoli'n'Cheese PEARS fresh fruit MILK - Variety	Jan - 25 tacos chicken patty lettuce/tomato cauliflower/ch sauce SPANISH RICE fruit cocktail fresh fruit MILK - Variety	Jan - 26 corndog bbq rib FRENCH FRIES green beans corn pineapple chunk fresh fruit MILK - Variety

"This Institution is an equal opportunity provider".

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.