

Monroe City R-1 School District

MS HS BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 23 pizza cinn. biscuit cereal variety/ toast muffins bagel yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	Apr - 24 pancakes & sausage cinn. biscuit bagel cereal variety/ toast yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	Apr - 25 breakfast sandwich cinn. biscuit cereal variety/ toast muffins bagel yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	Apr - 26 biscuits/gravy cinn. biscuit cereal variety/ toast muffins bagel yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	Apr - 27 SCRAMBLED EGGS toast CINNAMON ROLLS cereal variety/ toast bagel fresh fruit yogurt fruit juice MILK - Variety
Apr - 30 pizza cinn. biscuit cereal variety/ toast muffins bagel yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	May - 1 waffle/sausage patty cereal variety/ toast muffins bagel cinn. biscuit yogurt fresh fruit fruit juice MILK - Variety	May - 2 breakfast sandwich cinn. biscuit cereal variety/ toast yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	May - 3 biscuits/gravy cinn. biscuit cereal variety/ toast yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	May - 4 SCRAMBLED EGGS toast CINNAMON ROLLS cereal variety/ toast bagel fresh fruit yogurt fruit juice MILK - Variety
May - 7 pizza cinn. biscuit muffins cereal variety/ toast bagel yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	May - 8 french toast sticks sausage patty cinn. biscuit muffins bagel cereal variety/ toast yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	May - 9 breakfast sandwich cinn. biscuit cereal variety/ toast muffins bagel yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	May - 10 biscuits/gravy cinn. biscuit cereal variety/ toast muffins bagel yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	May - 11 SCRAMBLED EGGS toast CINNAMON ROLLS cereal variety/ toast bagel fresh fruit yogurt fruit juice MILK - Variety
May - 14 pizza cinn. biscuit cereal variety/ toast muffins bagel yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	May - 15 pancakes & sausage cinn. biscuit bagel cereal variety/ toast yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	May - 16 breakfast sandwich cinn. biscuit cereal variety/ toast muffins bagel yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	May - 17 biscuits/gravy cinn. biscuit cereal variety/ toast yogurt fruit juice fresh fruit milk,1o/o,skim choc,ski	May - 18 SCRAMBLED EGGS toast CINNAMON ROLLS cereal variety/ toast bagel fresh fruit yogurt fruit juice MILK - Variety

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.
 * - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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MS HS BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
May - 21 pizza cinn. biscuit cereal variety/ toast muffins bagel yogurt fruit juice fresh fruit milk, 1o/o, skim choc, ski	May - 22	May - 23	May - 24	May - 25

"This Institution is an equal opportunity provider".

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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