

# Monroe City R-1 School District

## MS HS LUNCH

Aug 31, 2018

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### SALAD, VEGE. TRAYS & FRESH FRUIT OFFERED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 3 NO SCHOOL TODAY HOLIDAY	Sep - 4 teriyaki chicken/rice cheeseburger peas green beans fresh fruit pineapple chunk CHOCOLATE CHIP C MILK - Variety	Sep - 5 chicken patty bbq rib BAKED BEANS cauliflower/ch sauce fresh fruit PEARS MILK - Variety	Sep - 6 SPAGHETTI AND ME sub. sandwich bread sticks green beans fresh fruit fruit cocktail MILK - Variety	Sep - 7 turkey sandwich HAMBURGER ON W POTATO CHIPS BAK veg. tray/dip CARROTS fresh fruit mandarin orange slices OATMEAL COOKIES MILK - Variety
Sep - 10 SALISBURY STEAK turkey sandwich INSTANT MASHED P brown gravy Bread / Butter green beans fresh fruit peaches MILK - Variety	Sep - 11 Spicy Chicken Sandwic ham & cheese LETTUCE & TOMATO FRENCH FRIES broccoli'n'Cheese carrots Fresh Fruit Assortment PEARS MILK - Variety	Sep - 12 corndog bbq rib BAKED BEANS corn Fresh Fruit Assortment pineapple chunk ranger cookie MILK - Variety	Sep - 13 Tator Tot Casserole chicken patty Bread / Butter cauliflower/ch sauce peas Fresh Fruit Assortment apple slices MILK - Variety	Sep - 14 sub. sandwich cheeseburger LETTUCE & TOMATO POTATO CHIPS BAK coleslaw mixed veg Fresh Fruit Assortment mandarin orange slices MILK - Variety
Sep - 17 chili cheese dog turkey sandwich coleslaw corn COWBOY COOKIES Fresh Fruit Assortment PEARS MILK - Variety	Sep - 18 Chicken breaststrips sub. sandwich INSTANT MASHED P gravy Bread / Butter green beans Fresh Fruit Assortment apple slices	Sep - 19 pub steak burger chicken patty LETTUCE & TOMATO FRENCH FRIES cauliflower/ch sauce Fresh Fruit Assortment peaches MILK - Variety	Sep - 20 tacos cheeseburger lettuce/tomato peas corn Fresh Fruit Assortment fruit cocktail MILK - Variety	Sep - 21 Tony's Pizza Variety HOT DOG ON A BUN SALAD, TOSSED broccoli H.S./cheese Fresh Fruit Assortment PINEAPPLE CHUNKS MILK - Variety

"This Institution is an equal opportunity provider".

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**