

# Monroe City R-1 School District

## MS HS BREAKFAST

Aug 9, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
Aug - 13 Summer Vacation	Aug - 14 staff development/no s	Aug - 15 staff development/no s	Aug - 16 biscuits/gravy yogurt cereal variety/ toast banana muffin Cinnamon Roll / Chees fresh fruit fruit juice MILK - Variety Grab-N-Go Breakfast	Aug - 17 SCRAMBLED EGGS Potato wedge banana muffin donut/w cheese slice Cinnamon Roll / Chees yogurt Poptart / Cheese Stk. Fresh Fruit Assortment fruit juice MILK - Variety Grab-N-Go Breakfast
Aug - 20 pizza Cinnamon Roll / Chees banana muffin donut/w cheese slice yogurt Poptart / Cheese Stk. cereal variety/ toast Fresh Fruit Assortment fruit juice MILK - Variety Grab-N-Go Breakfast	Aug - 21 waffle/sausage patty banana muffin Cinnamon Roll / Chees cereal variety/ toast yogurt Poptart / Cheese Stk. Fresh Fruit Assortment fruit juice MILK - Variety Grab-N-Go Breakfast	Aug - 22 breakfast sandwich banana muffin donut/w cheese slice Cinnamon Roll / Chees yogurt Poptart / Cheese Stk. cereal variety/ toast Fresh Fruit Assortment fruit juice MILK - Variety Grab-N-Go Breakfast	Aug - 23 biscuits/gravy yogurt cereal variety/ toast banana muffin Cinnamon Roll / Chees fresh fruit fruit juice MILK - Variety Grab-N-Go Breakfast	Aug - 24 SCRAMBLED EGGS Potato wedge banana muffin donut/w cheese slice Cinnamon Roll / Chees yogurt Poptart / Cheese Stk. Fresh Fruit Assortment fruit juice MILK - Variety Grab-N-Go Breakfast
Aug - 27 pizza Cinnamon Roll / Chees banana muffin donut/w cheese slice yogurt Poptart / Cheese Stk. cereal variety/ toast Fresh Fruit Assortment fruit juice MILK - Variety Grab-N-Go Breakfast	Aug - 28 french toast sticks sausage link Cinnamon Roll / Chees banana muffin donut/w cheese slice cereal variety/ toast yogurt Poptart / Cheese Stk. Fresh Fruit Assortment fruit juice MILK - Variety Grab-N-Go Breakfast	Aug - 29 breakfast sandwich banana muffin donut/w cheese slice Cinnamon Roll / Chees yogurt Poptart / Cheese Stk. cereal variety/ toast Fresh Fruit Assortment fruit juice MILK - Variety Grab-N-Go Breakfast	Aug - 30 biscuits/gravy yogurt cereal variety/ toast banana muffin Cinnamon Roll / Chees fresh fruit fruit juice MILK - Variety Grab-N-Go Breakfast	Aug - 31 SCRAMBLED EGGS Potato wedge banana muffin donut/w cheese slice Cinnamon Roll / Chees yogurt Poptart / Cheese Stk. Fresh Fruit Assortment fruit juice MILK - Variety Grab-N-Go Breakfast

"This Institution is an equal opportunity provider".

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.  
\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**