

Monroe City R-1 School District

ELEMENTARY LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 24 COUNTRY FRIED ST INSTANT MASHED P gravy Bread / Butter mixed veg peaches MILK - Variety	Sep - 25 chicken patty MACARONI AND CHE green beans PEARS OATMEAL COOKIES MILK - Variety	Sep - 26 bbq rib COLE SLAW pineapple chunk CRACKERS, GRAHAM MILK - Variety	Sep - 27 SUPER BEEF NACHO lettuce/tomato corn fruit cocktail MILK - Variety	Sep - 28 crispitos broccoli mandarin orange slices ChocChipcookie MILK - Variety
Oct - 1 grilled cheese peas fresh fruit OATMEAL COOKIES MILK - Variety	Oct - 2 chicken nuggets INSTANT MASHED P gravy Bread / Butter apple slices MILK - Variety	Oct - 3 hot ham & cheese POTATO CHIPS BAK cauliflower/ch sauce mandarin orange slices MILK - Variety	Oct - 4 SPAGHETTI AND ME bread sticks SALAD, TOSSED PINEAPPLE JUICE MILK - Variety	Oct - 5 MAC & Cheese w/ Ha green beans fruit cocktail COWBOY COOKIES MILK - Variety
Oct - 8 Grilled Chicken/Bun carrots muffins PEARS MILK - Variety	Oct - 9 chicken breast strips FRENCH FRIES green beans fresh fruit MILK - Variety	Oct - 10 fish strips MACARONI AND CHE peas Orange-Pineapple Blen MILK - Variety	Oct - 11 tacos lettuce/tomato corn peaches MILK - Variety	Oct - 12 corndog green beans mandarin orange slices COWBOY COOKIES MILK - Variety
Oct - 15 SALISBURY STEAK BROWN GRAVY INSTANT MASHED P Bread / Butter peas peaches MILK - Variety	Oct - 16 chicken nuggets tator tots carrots PEARS MILK - Variety	Oct - 17 bbq rib COLE SLAW pineapple chunk CRACKERS, GRAHAM MILK - Variety	Oct - 18 staff development/no s	Oct - 19 NO SCHOOL TODAY
Oct - 22 hot dog tator tots Fresh Carrots CRACKERS, GRAHAM MILK - Variety	Oct - 23 teriyaki chicken/rice peas CHOCOLATE CHIP C peaches MILK - Variety	Oct - 24 French Toast Combo tator tots fresh fruit MILK - Variety	Oct - 25 HAMBURGER ON W BAKED BEANS fresh fruit MILK - Variety	Oct - 26 Tony's Pizza Variety SALAD, TOSSED fresh fruit oatmeal cookie MILK - Variety

"This Institution is an equal opportunity provider".

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.
* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.