

Monroe City R-1 School District

ELEMENTARY LUNCH

Oct 28, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 29 COUNTRY FRIED ST INSTANT MASHED P gravy Bread / Butter mixed veg peaches MILK - Variety	Oct - 30 chicken patty MACARONI AND CHE green beans PEARS OATMEAL COOKIES MILK - Variety	Oct - 31 grilled cheese tator tots Fresh Carrots fresh fruit MILK - Variety	Nov - 1 SUPER BEEF NACHO lettuce/tomato corn fruit cocktail MILK - Variety	Nov - 2 crisпитos broccoli mandarin orange slices ChocChipcookie MILK - Variety
Nov - 5 turkey sandwich LETTUCE & TOMATO california blend COWBOY COOKIES peaches MILK - Variety	Nov - 6 chicken nuggets green beans PEARS SUGAR COOKIES MILK - Variety	Nov - 7 corndog MACARONI AND CHE mixed veg snickerdoodles fruit cocktail MILK - Variety	Nov - 8 CHICKEN AND NOOD INSTANT MASHED P Bread / Butter peas mandarin orange slices MILK - Variety	Nov - 9 Tony's Pizza Variety CELERY STICKS fresh fruit CRACKERS, GRAHAM MILK - Variety
Nov - 12 hot dog tator tots fresh fruit MILK - Variety	Nov - 13 chicken breast strips INSTANT MASHED P gravy Bread / Butter peas peaches MILK - Variety	Nov - 14 BBQ Chicken Sandwic baked beans pineapple chunk MILK - Variety	Nov - 15 ham & cheese roll-ups POTATO CHIPS BAK green beans PEARS CHOCOLATE CAKE/P MILK - Variety	Nov - 16 cheeseburger corn fresh fruit ranger cookie MILK - Variety
Nov - 19 chicken patty/no bun FRENCH FRIES green beans peaches MILK - Variety	Nov - 20 staff development/no s	Nov - 21 NO SCHOOL TODAY	Nov - 22 NO SCHOOL TODAY Happy Thanksgiving	Nov - 23 NO SCHOOL TODAY
Nov - 26 SALISBURY STEAK INSTANT MASHED P brown gravy Bread / Butter peas PEARS MILK - Variety	Nov - 27 grilled cheese tator tots green beans fresh fruit MILK - Variety	Nov - 28 bbq rib baked beans apple slices CHOCOLATE CHIP C MILK - Variety	Nov - 29 tacos lettuce/tomato corn pineapple chunk MILK - Variety	Nov - 30 Fish Wedge MACARONI AND CHE mixed veg Orange-Pineapple Blen MILK - Variety

"This Institution is an equal opportunity provider".

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.