

# Monroe City R-1 School District ELEMENTARY BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 29 cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Oct - 30 sausage/cheese biscui cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Oct - 31 pizza breakfast g.s. cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Nov - 1 waffles sausage link cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Nov - 2 biscuit/sausage gravy cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety
Nov - 5 cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Nov - 6 sausage/cheese biscui cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Nov - 7 pizza breakfast g.s. cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Nov - 8 french toast sticks sausage link cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Nov - 9 biscuit/sausage gravy cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety
Nov - 12 cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Nov - 13 scrambled eggs/toast cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Nov - 14 pizza breakfast g.s. cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Nov - 15 waffles sausage link cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Nov - 16 biscuit/sausage gravy cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety
Nov - 19 cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Nov - 20 staff development/no s	Nov - 21 NO SCHOOL TODAY	Nov - 22 Happy Thanksgiving NO SCHOOL TODAY	Nov - 23 NO SCHOOL TODAY
Nov - 26 cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Nov - 27 scrambled eggs/toast cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Nov - 28 pizza breakfast g.s. cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Nov - 29 pancakes sausage link cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Nov - 30 biscuit/sausage gravy cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety

"This Institution is an equal opportunity provider".

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.