

Monroe City R-1 School District

MS HS LUNCH

Nov 28, 2018

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SALAD, VEGE. TRAYS & FRESH FRUIT OFFERED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
Dec - 3 pub steak burger turkey sandwich FRENCH FRIES broccoli'n'Cheese carrots peaches Fresh Fruit Assortment MILK - Variety	Dec - 4 chicken patty Spicy Chicken Sandwic green beans corn pineapple chunk Fresh Fruit Assortment snickerdoddles MILK - Variety	Dec - 5 corndog cheeseburger cauliflower/ch sauce beets PEARS Fresh Fruit Assortment MILK - Variety	Dec - 6 Meat Loaf chicken patty MASHED POTATOES brown gravy Bread / Butter corn fruit cocktail Fresh Fruit Assortment MILK - Variety	Dec - 7 Tony's Pizza Variety cheeseburger SALAD, TOSSED broccoli'n'Cheese mandarin orange slices Fresh Fruit Assortment CHOCOLATE CHIP C MILK - Variety
Dec - 10 chili cheese dog cheeseburger FRENCH FRIES peas PEARS Fresh Fruit Assortment MILK - Variety	Dec - 11 Chicken breaststrips turkey sandwich MASHED POTATOES gravy Bread / Butter green beans apple slices Fresh Fruit Assortment MILK - Variety	Dec - 12 cheeseburger Tony's Pizza Variety broccoli'n'Cheese baked beans mandarin orange slices Fresh Fruit Assortment MILK - Variety	Dec - 13 chili chicken patty corn CINNAMON ROLLS peaches Fresh Fruit Assortment MILK - Variety	Dec - 14 pretzel/cheese ham & cheese carrots broccoli H.S./cheese pineapple chunk Fresh Fruit Assortment ranger cookie MILK - Variety
Dec - 17 hot ham & cheese turkey sandwich POTATO CHIPS BAK corn peas PEARS Fresh Fruit Assortment MILK - Variety	Dec - 18 chicken nuggets cheeseburger baked beans cauliflower/ch sauce peaches Fresh Fruit Assortment MILK - Variety	Dec - 19 French Toast Combo ham & cheese tator tots green beans mandarin orange slices Fresh Fruit Assortment MILK - Variety	Dec - 20 CHICKEN AND NOOD MASHED POTATOES peas corn apple slices Fresh Fruit Assortment cake white MILK - Variety	Dec - 21 cheeseburger chicken patty broccoli'n'Cheese peaches Fresh Fruit Assortment MILK - Variety
Dec - 24 WINTER BREAK	Dec - 25 MERRY CHRISTMAS	Dec - 26 WINTER BREAK	Dec - 27 WINTER BREAK	Dec - 28 WINTER BREAK

"This Institution is an equal opportunity provider".

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.