

Monroe City R-1 School District ELEMENTARY BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 7 staff development/no s	Jan - 8 cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Jan - 9 pizza breakfast g.s. cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Jan - 10 french toast sticks sausage link cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Jan - 11 biscuit/sausage gravy cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety
Jan - 14 cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Jan - 15 scrambled eggs/toast cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Jan - 16 pizza breakfast g.s. cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Jan - 17 waffles sausage link cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Jan - 18 biscuit/sausage gravy cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety
Jan - 21 HOLIDAY NO SCHOOL TODAY	Jan - 22 cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Jan - 23 pizza breakfast g.s. cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Jan - 24 pancakes sausage link cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Jan - 25 biscuit/sausage gravy cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety
Jan - 28 cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Jan - 29 scrambled eggs/toast cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Jan - 30 pizza breakfast g.s. cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Jan - 31 waffles sausage link cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety	Feb - 1 biscuit/sausage gravy cereal variety/ toast fresh fruit FRUIT JUICE,ASSOR MILK - Variety

"This Institution is an equal opportunity provider".

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.
* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.