

Monroe City R-1 School District

MS HS LUNCH

Mar 25, 2019

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SALAD, VEGE. TRAYS & FRESH FRUIT OFFERED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 1 chili cheese dog cheeseburger FRENCH FRIES broccoli H.S./cheese carrots Fresh Fruit Assortment PEARS MILK - Variety	Apr - 2 Chicken breaststrips turkey sandwich INSTANT MASHED P gravy Bread / Butter green beans mixed veg Fresh Fruit Assortment mandarin orange slices MILK - Variety	Apr - 3 bbq rib chicken patty COLE SLAW BAKED BEANS Fresh Fruit Assortment fruit cocktail OATMEAL COOKIES MILK - Variety	Apr - 4 tacos turkey sandwich lettuce/tomato corn SPANISH RICE peaches Fresh Fruit Assortment MILK - Variety	Apr - 5 Chef Salad Tuna Salad Sandwich green beans ranger cookie pineapple chunk Fresh Fruit Assortment COWBOY COOKIES MILK - Variety
Apr - 8 staff development/no s	Apr - 9 chicken nuggets cheeseburger INSTANT MASHED P gravy mixed veg pineapple chunk Fresh Fruit Assortment MILK - Variety	Apr - 10 Meatball Sub corn dog LETTUCE & TOMATO POTATO CHIPS BAK peas green beans pears Fresh Fruit Assortment MILK - Variety	Apr - 11 SUPER BEEF NACHO chicken patty lettuce/tomato corn mandarin orange slices Fresh Fruit Assortment MILK - Variety	Apr - 12 pretzel/cheese ham & cheese carrots cauliflower/ch sauce peaches Fresh Fruit Assortment CHOCOLATE CHIP C MILK - Variety
Apr - 15 COUNTRY FRIED ST Chicken breaststrips INSTANT MASHED P gravy Bread / Butter mixed veg cauliflower HS apple slices Fresh Fruit Assortment MILK - Variety	Apr - 16 teriyaki chicken/rice ham & cheese broccoli carrots peaches Fresh Fruit Assortment MILK - Variety	Apr - 17 crisпитos chicken patty SPANISH RICE green beans PEARS Fresh Fruit Assortment COWBOY COOKIES MILK - Variety	Apr - 18 pasta bake HS chicken patty bread sticks corn SALAD, TOSSED pineapple chunk Fresh Fruit Assortment MILK - Variety	Apr - 19 NO SCHOOL TODAY Spring Break
Apr - 22 NO SCHOOL TODAY Spring Break	Apr - 23 chicken nuggets cheeseburger INSTANT MASHED P gravy Bread / Butter green beans PINEAPPLE CHUNKS Fresh Fruit Assortment MILK - Variety	Apr - 24 BBQ Chicken Sandwic turkey sandwich COLE SLAW baked beans PEARS Fresh Fruit Assortment SUGAR COOKIES MILK - Variety	Apr - 25 tacos chicken patty lettuce/tomato corn Fresh Fruit Assortment peaches MILK - Variety	Apr - 26 turkey sandwich ham & cheese POTATO CHIPS BAK broccoli H.S./cheese mandarin orange slices Fresh Fruit Assortment ranger cookie MILK - Variety
Apr - 29 SALISBURY STEAK chicken patty INSTANT MASHED P gravy Bread / Butter green beans Fresh Fruit Assortment PEARS MILK - Variety	Apr - 30 chicken patty HAMBURGER ON W FRENCH FRIES corn cauliflower/ch sauce fruit cocktail Fresh Fruit Assortment OATMEAL COOKIES MILK - Variety	May - 1 cheeseburger turkey sandwich broccoli'n'Cheese carrots peaches Fresh Fruit Assortment MILK - Variety	May - 2 SPAGHETTI AND ME corn dog bread sticks cauliflower HS SALAD, TOSSED mandarin orange slices Fresh Fruit Assortment MILK - Variety	May - 3 ham & cheese cheeseburger POTATO CHIPS BAK BAKED BEANS pineapple chunk Fresh Fruit Assortment MILK - Variety

"This Institution is an equal opportunity provider".

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.