

Monroe City R-1 School District

MS HS LUNCH

May 3, 2019

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SALAD, VEGE. TRAYS & FRESH FRUIT OFFERED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
May - 6 corndog Tenderloin BAKED BEANS corn OATMEAL COOKIES PEARS Fresh Fruit Assortment MILK - Variety	May - 7 Chicken breaststrips HAMBURGER ON W INSTANT MASHED P gravy Bread / Butter green beans cauliflower/ch sauce apple slices Fresh Fruit Assortment MILK - Variety	May - 8 sub. sandwich corndog POTATO CHIPS BAK LETTUCE & TOMATO coleslaw pineapple chunk Fresh Fruit Assortment MILK - Variety	May - 9 SUPER BEEF NACHO chicken patty lettuce/tomato REFRIED BEANS MEXICALI CORN peaches Fresh Fruit Assortment MILK - Variety	May - 10 HOT DOG ON A BUN cheeseburger french fries coleslaw ranger cookie peaches Fresh Fruit Assortment MILK - Variety
May - 13 crispitos turkey sandwich SALAD, TOSSED peas PEARS Fresh Fruit Assortment CHOCOLATE CHIP C MILK - Variety	May - 14 chicken nuggets ham & cheese INSTANT MASHED P gravy Bread / Butter carrots peaches Fresh Fruit Assortment MILK - Variety	May - 15 SLOPPY JOE ON A B chicken nuggets COLE SLAW green beans pineapple chunk Fresh Fruit Assortment MILK - Variety	May - 16 tacos crispitos lettuce/tomato SPANISH RICE corn mandarin orange slices Fresh Fruit Assortment MILK - Variety	May - 17 Tony's Pizza Variety turkey sandwich SALAD, TOSSED broccoli'n'Cheese peaches Fresh Fruit Assortment COWBOY COOKIES MILK - Variety
May - 20 ham & cheese chicken patty LETTUCE & TOMATO carrots green beans CHOCOLATE CHIP C pineapple chunk Fresh Fruit Assortment MILK - Variety	May - 21 Spicy Chicken Sandwic cheeseburger LETTUCE & TOMATO corn cauliflower/ch sauce peaches Fresh Fruit Assortment MILK - Variety	May - 22 turkey sandwich ham & cheese LETTUCE & TOMATO POTATO CHIPS BAK coleslaw broccoli'n'Cheese PEARS Fresh Fruit Assortment MILK - Variety	May - 23 Pizza Calzone Chicken breaststrips SALAD, TOSSED peas mandarin orange slices Fresh Fruit Assortment MILK - Variety	May - 24 cheeseburger chicken patty LETTUCE & TOMATO green beans pineapple chunk Fresh Fruit Assortment MILK - Variety

"This Institution is an equal opportunity provider".

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.