

Monroe City R-1 School District

MS HS LUNCH

Feb 27, 2020

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SALAD, VEGE. TRAYS & FRESH FRUIT OFFERED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 2 SALISBURY STEAK turkey sandwich Mashed Potatoes Brown Gravy Bread / Butter MIXED VEGETABLES Fresh Fruit Assortment PEARS MILK - Variety	Mar - 3 Teriyaki Chicken/Rice turkey sandwich Peas carrots pineapple chunk Fresh Fruit Assortment MILK - Variety	Mar - 4 Corn Dog bbq rib BAKED BEANS Broccoli / Cheese H.S. Fresh Fruit Assortment mandarin orange slices MILK - Variety	Mar - 5 tacos ham & cheese lettuce/tomato REFRIED BEANS Corn peaches Fresh Fruit Assortment MILK - Variety	Mar - 6 Fish Fries Chicken Patty / Bun MAC & Cheese Cauliflower/Cheese ranger cookie pineapple chunk Fresh Fruit Assortment MILK - Variety
Mar - 9 bbq rib Chicken Patty / Bun Corn Broccoli / Cheese H.S. Fresh Fruit Assortment PEARS MILK - Variety	Mar - 10 BBQ Chicken Sandwich HAMBURGER ON W Peas Cauliflower HS mandarin orange slices fresh fruit ranger cookie MILK - Variety	Mar - 11 Cheeseburger ham & cheese beets carrots peaches fresh fruit MILK - Variety	Mar - 12 Meat Loaf turkey sandwich Mashed Potatoes Brown Gravy Mixed Vegetables apple slices Fresh Fruit Assortment MILK - Variety	Mar - 13 Tony's Pizza bbq rib SALAD, TOSSED Green Beans PEARS Fresh Fruit Assortment MILK - Variety
Mar - 16 Staff Development No School Today	Mar - 17 Chicken Breaststrips turkey sandwich Mashed Potatoes Gravy/ White Bread / Butter carrots Green Beans PEARS Fresh Fruit Assortment MILK - Variety	Mar - 18 Pulled Pork Meat Loaf Sandwich baked beans Cauliflower/Cheese PINEAPPLE CHUNKS fresh fruit MILK - Variety	Mar - 19 SUPER BEEF NACHO Chicken Patty lettuce/tomato Corn refried beans mandarin orange slices Fresh Fruit Assortment MILK - Variety	Mar - 20 BAKED POTATO ham & cheese Baked Potato Condime Peas Broccoli COWBOY COOKIES peaches Fresh Fruit Assortment MILK - Variety
Mar - 23 chili cheese dog bbq rib Peas Cauliflower/Cheese PINEAPPLE CHUNKS fresh fruit MILK - Variety	Mar - 24 Chicken Nuggets turkey sandwich FRENCH FRIES Mixed Vegetables PEARS fresh fruit MILK - Variety	Mar - 25 Cheeseburger ham & cheese BAKED BEANS Broccoli / Cheese H.S. Fresh Fruit Assortment peaches MILK - Variety	Mar - 26 SPAGHETTI AND ME Cheeseburger bread sticks Corn SALAD, TOSSED PEARS Fresh Fruit Assortment MILK - Variety	Mar - 27 Pretzel / Cheese Tuna Salad Sandwich Green Beans ranger cookie peaches Fresh Fruit Assortment COWBOY COOKIES MILK - Variety
Mar - 30 chicken wrap turkey sandwich lettuce/tomato Peas Cauliflower/Cheese peaches fresh fruit MILK - Variety	Mar - 31 Spicy Chicken Sandwich HAMBURGER ON W LETTUCE & TOMATO french fries Green Beans ranger cookie PINEAPPLE CHUNKS fresh fruit MILK - Variety	Apr - 1 bbq rib ham & cheese BAKED BEANS Broccoli / Cheese H.S. mandarin orange slices fresh fruit MILK - Variety	Apr - 2 tacos Chicken Patty / Bun lettuce/tomato refried beans Corn PEARS fresh fruit MILK - Variety	Apr - 3 Tony's Pizza Variety Cheeseburger SALAD, TOSSED Fresh Carrots OATMEAL COOKIES peaches fresh fruit MILK - Variety

"This Institution is an equal opportunity provider".

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.