

Monroe City R-1 School District

MS HS BREAKFAST

Feb 27, 2020

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Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 2 pizza Cinna Rolls Muffin Assortment Bagel / Blueberry yogurt Poptart / Cheese Stk. Breakfast Cereal Fresh Fruit Assortment fruit juice MILK - Variety Grab-N-Go Breakfast	Mar - 3 pancakes & sausage sausage link Cinna Rolls Bagel / Blueberry Muffin Assortment Breakfast Cereal yogurt Poptart / Cheese Stk. Fresh Fruit Assortment fruit juice MILK - Variety Grab-N-Go Breakfast	Mar - 4 Breakfast Sandwich Cinna Rolls Muffin Assortment Bagel / Blueberry yogurt Poptart / Cheese Stk. Breakfast Cereal Fresh Fruit Assortment fruit juice MILK - Variety	Mar - 5 biscuits/gravy Cinna Rolls Muffin Assortment Bagel / Blueberry Poptart / Cheese Stk. yogurt Breakfast Cereal fresh fruit fruit juice MILK - Variety	Mar - 6 SCRAMBLED EGGS toast Breakfast Cereal Muffin Assortment Bagel / Blueberry Cinna Rolls yogurt Poptart / Cheese Stk. fresh fruit fruit juice MILK - Variety
Mar - 9 pizza Cinna Rolls Muffin Assortment Bagel / Blueberry yogurt Poptart / Cheese Stk. Breakfast Cereal Fresh Fruit Assortment fruit juice MILK - Variety Grab-N-Go Breakfast	Mar - 10 waffle/sausage patty sausage link Cinna Rolls Bagel / Blueberry Muffin Assortment Breakfast Cereal yogurt Poptart / Cheese Stk. Fresh Fruit Assortment fruit juice MILK - Variety Grab-N-Go Breakfast	Mar - 11 Breakfast Sandwich Muffin Assortment Cinna Rolls Bagel / Blueberry yogurt Poptart / Cheese Stk. Breakfast Cereal Fresh Fruit Assortment fruit juice MILK - Variety Grab-N-Go Breakfast	Mar - 12 biscuits/gravy Cinna Rolls Muffin Assortment Bagel / Blueberry Poptart / Cheese Stk. yogurt Breakfast Cereal Fresh Fruit Assortment fruit juice MILK - Variety Grab-N-Go Breakfast	Mar - 13 SCRAMBLED EGGS toast Muffin Assortment Bagel / Blueberry Cinna Rolls yogurt Poptart / Cheese Stk. Fresh Fruit Assortment fruit juice MILK - Variety Grab-N-Go Breakfast
Mar - 16 Staff Development No School Today	Mar - 17 French Toast Combo Cinna Rolls Bagel / Blueberry Muffin Assortment Breakfast Cereal yogurt Poptart / Cheese Stk. Fresh Fruit Assortment fruit juice MILK - Variety	Mar - 18 Breakfast Sandwich Muffin Assortment Cinna Rolls Bagel / Blueberry yogurt Poptart / Cheese Stk. Breakfast Cereal Fresh Fruit Assortment fruit juice MILK - Variety Grab-N-Go Breakfast	Mar - 19 biscuits/gravy Cinna Rolls Muffin Assortment Bagel / Blueberry Poptart / Cheese Stk. yogurt Breakfast Cereal fresh fruit fruit juice MILK - Variety	Mar - 20 SCRAMBLED EGGS toast Breakfast Cereal Muffin Assortment Bagel / Blueberry Cinna Rolls yogurt Poptart / Cheese Stk. fresh fruit fruit juice MILK - Variety
Mar - 23 pizza Cinna Rolls Muffin Assortment Bagel / Blueberry yogurt Poptart / Cheese Stk. Breakfast Cereal Fresh Fruit Assortment fruit juice MILK - Variety Grab-N-Go Breakfast	Mar - 24 pancakes & sausage sausage link Cinna Rolls Bagel / Blueberry Muffin Assortment Breakfast Cereal yogurt Poptart / Cheese Stk. Fresh Fruit Assortment fruit juice MILK - Variety Grab-N-Go Breakfast	Mar - 25 Breakfast Sandwich Muffin Assortment Cinna Rolls Bagel / Blueberry yogurt Poptart / Cheese Stk. Breakfast Cereal Fresh Fruit Assortment fruit juice MILK - Variety Grab-N-Go Breakfast	Mar - 26 biscuits/gravy Cinna Rolls Muffin Assortment Bagel / Blueberry yogurt Breakfast Cereal fresh fruit fruit juice MILK - Variety	Mar - 27 SCRAMBLED EGGS toast Breakfast Cereal Muffin Assortment Bagel / Blueberry Cinna Rolls yogurt Poptart / Cheese Stk. fresh fruit fruit juice MILK - Variety

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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"This Institution is an equal opportunity provider".

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