

# Monroe City R-1 School District

## MS HS BREAKFAST

Aug 31, 2020

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Monday	Tuesday	Wednesday	Thursday	Friday
Aug - 31 cereal variety/ toast yogurt Fresh Fruit Assortment Fruit Juice 4 oz.assort MILK - Variety	Sep - 1 Poptart / Cheese Stk. yogurt Fresh Fruit Assortment Fruit Juice 4 oz.assort MILK - Variety	Sep - 2 Muffin Assortment yogurt Fresh Fruit Assortment Fruit Juice 4 oz.assort MILK - Variety	Sep - 3 donut/w cheese slice yogurt Fresh Fruit Assortment Fruit Juice 4 oz.assort MILK - Variety	Sep - 4 muffin CHEESE,"SCHOOL C yogurt fresh fruit Fruit Juice 4 oz.assort MILK - Variety
Sep - 7 cereal variety/ toast yogurt Fresh Fruit Assortment Fruit Juice 4 oz.assort MILK - Variety	Sep - 8 muffin CHEESE,"SCHOOL C yogurt fresh fruit Fruit Juice 4 oz.assort MILK - Variety	Sep - 9 Poptart / Cheese Stk. yogurt Fresh Fruit Assortment Fruit Juice 4 oz.assort MILK - Variety	Sep - 10 donut/w cheese slice yogurt Fresh Fruit Assortment Fruit Juice 4 oz.assort MILK - Variety	Sep - 11 Muffin Assortment yogurt Fresh Fruit Assortment Fruit Juice 4 oz.assort MILK - Variety
Sep - 14 cereal variety/ toast yogurt Fresh Fruit Assortment Fruit Juice 4 oz.assort MILK - Variety	Sep - 15 Muffin Assortment yogurt Fresh Fruit Assortment Fruit Juice 4 oz.assort MILK - Variety	Sep - 16 donut/w cheese slice yogurt Fresh Fruit Assortment Fruit Juice 4 oz.assort MILK - Variety	Sep - 17 Poptart / Cheese Stk. yogurt Fresh Fruit Assortment Fruit Juice 4 oz.assort MILK - Variety	Sep - 18 muffin CHEESE,"SCHOOL C yogurt fresh fruit Fruit Juice 4 oz.assort MILK - Variety
Sep - 21 cereal variety/ toast yogurt Fresh Fruit Assortment Fruit Juice 4 oz.assort MILK - Variety	Sep - 22 muffin CHEESE,"SCHOOL C yogurt fresh fruit Fruit Juice 4 oz.assort MILK - Variety	Sep - 23 Poptart / Cheese Stk. yogurt Fresh Fruit Assortment Fruit Juice 4 oz.assort MILK - Variety	Sep - 24 donut/w cheese slice yogurt Fresh Fruit Assortment Fruit Juice 4 oz.assort MILK - Variety	Sep - 25 Muffin Assortment yogurt Fresh Fruit Assortment Fruit Juice 4 oz.assort MILK - Variety

"This Institution is an equal opportunity provider".

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**