

Monroe City R-1 School District

MS HS LUNCH

Nov 23, 2020

Page 1

SALAD, VEGE. TRAYS & FRESH FRUIT OFFERED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 30 Cheeseburger LETTUCE & TOMATO FRENCH FRIES Green Beans PEARS Fresh Fruit Assortment MILK - Variety	Dec - 1 BBQ Chicken Sandwic Peas PINEAPPLE CHUNKS Fresh Fruit Assortment MILK - Variety	Dec - 2 Tony's Pizza Vege Tray / Dip PEARS Fresh Fruit Assortment MILK - Variety	Dec - 3 SUPER BEEF NACHO lettuce/tomato Corn applesauce Fresh Fruit Assortment MILK - Variety	Dec - 4 Corn Dog Cauliflower/Cheese mandarin orange slices Fresh Fruit Assortment Snickerdoddles MILK - Variety
Dec - 7 Turkey Cheddar Melt Broccoli / Cheese H.S. peaches Fresh Fruit Assortment Chocolate Chip Cookie MILK - Variety	Dec - 8 Chicka Boom Bm Snd Boom Boom Sauce lettuce/tomato Cauliflower/Cheese mandarin orange slices Fresh Fruit Assortment MILK - Variety	Dec - 9 French Toast Combo Yogurt Fresh Fruit Assortment Vegetable Juice MILK - Variety	Dec - 10 Ham & Cheese Roll-U Green Beans peaches Fresh Fruit Assortment APPLE CRISP MILK - Variety	Dec - 11 Crispitos Corn PINEAPPLE CHUNKS Fresh Fruit Assortment MILK - Variety
Dec - 14 chili cheese dog Peas Cole Slaw PEARS Fresh Fruit Assortment MILK - Variety	Dec - 15 Teriyaki Chicken/Rice Broccoli pineapple chunk Fresh Fruit Assortment MILK - Variety	Dec - 16 Waffle/Sausage Patty Yogurt Fresh Fruit Assortment Vegetable Juice MILK - Variety	Dec - 17 tacos Corn peaches Fresh Fruit Assortment MILK - Variety	Dec - 18 Cheeseburger LETTUCE & TOMATO Green Beans mandarin orange slices Fresh Fruit Assortment ranger cookie MILK - Variety
Dec - 21 Tony's Pizza Variety Peas PINEAPPLE CHUNKS Fresh Fruit Assortment MILK - Variety	Dec - 22 WINTER BREAK NO SCHOOL TODAY	Dec - 23 WINTER BREAK NO SCHOOL TODAY	Dec - 24 WINTER BREAK NO SCHOOL TODAY	Dec - 25 MERRY CHRISTMAS NO SCHOOL TODAY
Dec - 28 WINTER BREAK NO SCHOOL TODAY	Dec - 29 WINTER BREAK NO SCHOOL TODAY	Dec - 30 WINTER BREAK NO SCHOOL TODAY	Dec - 31 WINTER BREAK NO SCHOOL TODAY	Jan - 1 NO SCHOOL TODAY HOLIDAY

"This Institution is an equal opportunity provider".

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.