

Monroe City R-1 School District

ELEMENTARY LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 4 Staff Development No School Today	Jan - 5 Chicken Nuggets FRENCH FRIES mandarin orange slices MILK - Variety	Jan - 6 Pizza Bites/ E. Marinara Cup Fresh Carrots PEARS MILK - Variety	Jan - 7 bbq rib Green Beans applesauce MILK - Variety	Jan - 8 corndog Peas peaches Snickerdoodles MILK - Variety
Jan - 11 hot dog Green Beans mandarin orange slices MILK - Variety	Jan - 12 chicken breast strips cheesy mashed potato Peas applesauce MILK - Variety	Jan - 13 Waffle/Sausage Patty Vegetable Juice fresh fruit Fruit Juice MILK - Variety	Jan - 14 SUPER BEEF NACHO Corn PEARS MILK - Variety	Jan - 15 cheeseburger Broccoli / Cheese H.S. PINEAPPLE CHUNKS ranger cookie MILK - Variety
Jan - 18 HOLIDAY NO SCHOOL TODAY	Jan - 19 Grilled Cheese FRENCH FRIES pears MILK - Variety	Jan - 20 SCRAMBLED EGGS sausage link fresh fruit Vegetable Juice MILK - Variety	Jan - 21 Spaghetti & Meat Sauc Bread Sticks Corn PEARS MILK - Variety	Jan - 22 hot ham & cheese carrots apple slices Chocolate Chip Cookie MILK - Variety
Jan - 25 SALISBURY STEAK Mashed Potatoes Bread / Butter apple slices MILK - Variety	Jan - 26 chicken breast strips sweet potato fries pears MILK - Variety	Jan - 27 French Toast Combo fresh fruit Fruit Juice MILK - Variety	Jan - 28 Tator Tot Casserole Peas peaches MILK - Variety	Jan - 29 Crispitos Corn pineapple chunk COWBOY COOKIES MILK - Variety

"This Institution is an equal opportunity provider".

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.