

# Monroe City R-1 School District

## ELEMENTARY BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 4 Staff Development No School Today	Jan - 5 Breakfast Cereal Fresh Fruit Assortment cheese stick Fruit Juice MILK - Variety	Jan - 6 Muffin Assortment Fresh Fruit Assortment Fruit Juice MILK - Variety	Jan - 7 french toast sticks fresh fruit Fruit Juice MILK - Variety	Jan - 8 donut/w cheese slice fresh fruit Fruit Juice MILK - Variety
Jan - 11 Breakfast Cereal Fresh Fruit Assortment cheese stick Fruit Juice MILK - Variety	Jan - 12 Muffin Assortment Fresh Fruit Assortment Fruit Juice MILK - Variety	Jan - 13 donut/w cheese slice fresh fruit Fruit Juice MILK - Variety	Jan - 14 PANCAKES fresh fruit Fruit Juice MILK - Variety	Jan - 15 Muffin Assortment Fresh Fruit Assortment Fruit Juice MILK - Variety
Jan - 18 HOLIDAY NO SCHOOL TODAY	Jan - 19 Muffin Assortment Fresh Fruit Assortment Fruit Juice MILK - Variety	Jan - 20 donut/w cheese slice fresh fruit Fruit Juice MILK - Variety	Jan - 21 french toast sticks fresh fruit Fruit Juice MILK - Variety	Jan - 22 Muffin Assortment Fresh Fruit Assortment Fruit Juice MILK - Variety
Jan - 25 Breakfast Cereal Fresh Fruit Assortment cheese stick Fruit Juice MILK - Variety	Jan - 26 Muffin Assortment Fresh Fruit Assortment Fruit Juice MILK - Variety	Jan - 27 donut/w cheese slice fresh fruit Fruit Juice MILK - Variety	Jan - 28 Waffles fresh fruit Fruit Juice MILK - Variety	Jan - 29 Muffin Assortment Fresh Fruit Assortment Fruit Juice MILK - Variety

"This Institution is an equal opportunity provider".

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**