

Monroe City R-1 School District

MS HS BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
May - 3 pizza Muffin Assortment Yogurt Poptart / Cheese Stk. Breakfast Cereal Fresh Fruit Assortment fruit juice MILK - Variety Grab-N-Go Breakfast	May - 4 Waffle/Sausage Patty Muffin Assortment Poptart / Cheese Stk. Breakfast Cereal Yogurt fresh fruit Fruit Juice MILK - Variety	May - 5 Muffin Assortment Poptart / Cheese Stk. Breakfast Cereal Yogurt Fresh Fruit Assortment Fruit Juice MILK - Variety Grab-N-Go Breakfast	May - 6 biscuits/gravy Muffin Assortment Poptart / Cheese Stk. Breakfast Cereal Yogurt fresh fruit Fruit Juice MILK - Variety	May - 7 donut/w cheese slice Breakfast Cereal Muffin Assortment Poptart / Cheese Stk. Yogurt fresh fruit Fruit Juice MILK - Variety
May - 10 pizza Muffin Assortment Yogurt Poptart / Cheese Stk. Breakfast Cereal Fresh Fruit Assortment fruit juice MILK - Variety Grab-N-Go Breakfast	May - 11 Pancake & Sausage P Muffin Assortment Poptart / Cheese Stk. Breakfast Cereal Yogurt fresh fruit Fruit Juice MILK - Variety	May - 12 Muffin Assortment Poptart / Cheese Stk. Breakfast Cereal Yogurt Fresh Fruit Assortment Fruit Juice MILK - Variety Grab-N-Go Breakfast	May - 13 biscuits/gravy Muffin Assortment Poptart / Cheese Stk. Breakfast Cereal Yogurt fresh fruit Fruit Juice MILK - Variety	May - 14 donut/w cheese slice Breakfast Cereal Muffin Assortment Poptart / Cheese Stk. Yogurt fresh fruit Fruit Juice MILK - Variety

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: *The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*